

THE WEE FUEL STOP

CARE IN THE COMMUNITY



Pre-Order 07305 127 899

The Wee Fuel Stop

Care in the community Menu

Soup of the day - ask staff for details

Main Courses

Cottage pie

Liver & Onion's with Mash

Chilli Con Carne with Rice

Macaroni Cheese

Savoury Mince with roast potatoes & Veg

Chinese Chicken Curry with Rice

Fish, Chips & Peas

Haggis, Neeps & Tatties

Gammon, pineapple, boiled potatoes & veg

Chicken casserole, boiled potatoes & veg

Steak pie, chips & peas

Just Desserts

Sticky Toffee Pudding

served with cream and toffee sauce

Jam Roly Poly

served with custard

Bread & Butter Pudding

with Creme Anglaise

Ginger Sponge Cake

with custard

The Wee Fuel Stop

Care in the community Menu

Information Sheet

This menu has been prepared for members of the community who would benefit from having pre-prepared meals.

The portions are aimed at elderly individuals who may have a reduced appetite, eat at irregular intervals or require assistance with meals. *(Larger portions are available to suit the individual)*

- Please contact us to discuss any dietary requirements or allergens
- **Gluten Free, Dairy Free & Vegetarian** options available
- Meals are prepared in sealed microwave proof containers
- Meals are labelled and dated at the time of production
- Storage & reheating instructions will be provided

Our current ordering system in place is as follows:

- Order on a **Monday** for Wednesday pick-up or delivery
- Order on a **Wednesday** for Friday pick-up or delivery

The prices are as follows:

- Soup's £2.00
- Dessert's £2.00
- Main Courses £5.00
- Orders over £50 - FREE DELIVERY
- Orders under £50 - £5 delivery charge

Deliveries available in the following Postcode area's - EH18, EH19, EH20, EH22, EH23, EH24, EH25, EH26

N.B These meal items are produced and then packaged cold to be reheated within the individuals home. We do not deliver hot food.